

	Term	Year R	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Relations hips	Families and friendships		Roles of different people; families; feeling cared for	Making friends; feeling lonely and getting help ELSA – Friendship workshop	What makes a family; features of family life	Positive friendships, including online routines;	Managing friendships and peer influence	Attraction to others; romantic relationships; civil partnership and marriage Registrar/vicar People of different faiths talking about weddings
	Safe relationships		Recognising privacy; staying safe; seeking permission Police officer – stranger danger? Clever never goes?	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Physical contact and feeling safe	Recognising and managing pressure; consent in different situations
	Respecting ourselves and others		How behaviour affects others; being polite and respectful	Recognising things in common and differences; playing and working cooperatively; sharing opinions	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite SLT	Respecting differences and similarities; discussing difference sensitively. No limits	Responding respectfully to a wide range of people; recognising prejudice and discrimination Saints	Expressing opinions and respecting other points of view, including discussing topical issues
Living in the wider world	Belonging to a community		What rules are; caring for others' needs; looking after the environment	Belonging to a group; roles and responsibilities; being the same and different in the community	The value of rules and laws; rights, freedoms and responsibilities PCSO/police officer	What makes a community; shared responsibilities	What makes a community; shared responsibilities	Valuing diversity; challenging discrimination and stereotypes
	Media and digital literacy		Using the internet and digital devices; communicating online	The internet in everyday life; online content and information	How the internet is used; assessing information online	How data is shared and used	How information online is targeted; different media types, their role and impact	Evaluating media sources; sharing things online Journalist/someone involved with media – dove?



	Money and Work		Strengths and interests; jobs in the community Invite parents to talk about job roles in the community. X3	What money is; needs and wants; looking after money Bank? Business manager	Different jobs and skills; job stereotypes; setting personal goals Invite in parents that break stereotypes.	Making decisions about money; using and keeping money safe Bank	Identifying job interests and aspirations; what influences career choices; workplace stereotypes Careers fair – promoting job ideas (Eg. Obsvs skincare)	Influences and attitudes to money; money and financial risks
Health and Wellbeing	Physical health and mental wellbeing		Keeping healthy; food and exercise, hygiene routines; sun safety Fitness trainer	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help Nurse, dentist, doctor	Health choices and habits; what affects feelings; expressing feelings	Maintaining a balanced lifestyle; oral hygiene and dental care;	Personal identity; recognising individuality and different qualities; mental wellbeing	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online Simon says charity
	Growing and changing		Recognising what makes them unique and special; feelings; managing when things go wrong	Growing older; naming body parts; moving class or year	Personal strengths and achievements; managing and reframing setbacks	Personal identity including faith, gender, beliefs.	Physical and emotional changes in puberty; external genitalia; personal hygiene support with puberty No limits	Human reproduction and birth; increasing independence; managing transition and FGM.
	Keeping safe		How rules and age restrictions help us; keeping safe online	Safety in different environments; risk and safety at home; emergencies	Risks and hazards; safety in the local environment and unfamiliar places Fireman	Medicines and household products; drugs common to everyday life Keeping safe in different situations, including responding in emergencies and first aid. St Johns ambulance/office	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies.	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media PCSO

Long Term Curriculum Map –

Predominant area of: (*most units will include aspects of all strands)