BE A ROAD SAFETY CHAMPION

- A guide to help teachers, parents and families talk to young children about the importance of road safety -

Supporting Brake the road safety charity

Disney Junior

Disney Mickey and the Roadster Racers

Disney Junior UK and road safety charity Brake have teamed up to help teachers, parents and families talk to young children aged 2–7 about the importance of road safety – with a little help from Mickey and the Roadster Racers!

Whether you walk with your children to school, to the park or simply to the shops, it's a great time to talk about road safety. From finding safe places to play, to crossing roads safely, travelling by car or using public transport, this fun guide will help you share important messages about staying safe near roads with the children that you care for.

Let's talk about road safety!
Introduce the following keywords when you talk to children about road safety: **road, car, traffic, danger, stop, look, listen, hold hands, walk, footpath, bike, cycle, cycle path, crossing, bus, train, passenger.**

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We love to walk. Walking is good for our bodies and good for our planet too. We can walk to visit friends and family, and we can walk to interesting places, like parks and shops. When we walk near roads, we use footpaths. People who walk are called pedestrians.

Cars, lorries and buses use roads. We need drivers to drive safely and slowly in places where we walk. When we walk near roads, we always hold hands with a grown up and stay away from traffic. Traffic is heavy and hard and it will hurt us very badly if it hits us. Nobody should be hurt by traffic.

We always find a safe place to cross the road with a grown up. Zebra crossings and pelican crossings are safe places to cross. We look out for traffic lights and road signs.

Stay safe when walking near roads

When it comes to road safety, red means stop and green means go. At a pelican crossing, the red man tells us that it is not safe to cross the road, and we must stop and wait. The green man means it is safe to cross, but we must keep checking for traffic while we cross the road.

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Mickey's top tips for walking safely near roads

What did you see the last time you went for a walk? What do you remember?

1

Always walk with a grown up!
Hold the grown up's hand and stay on the footpath. Don't run and keep away from traffic.

2

With a grown up, find a safe place to cross the road, away from parked cars.
Zebra crossings, pelican crossings, school patrol crossings, footbridges and underpasses are safe places to cross the road. Always check for traffic before crossing the road.

3

Remember your road safety colours.
Red means Stop. Green means Go! A pelican crossing has traffic lights that tell drivers when to stop. It also has green and red people to show us when it is safe to cross the road. Never cross the road when the red man is showing.

4

Learn about road signs.
When we walk near roads, we see lots of road signs. Some signs tell drivers to watch out for people who walk or cycle. Talk to your grown up about what different road signs mean. How many different road signs can you see?

5

Always follow the Green Cross Code when crossing the road.
Find a safe place to cross, then stop, look and listen for traffic. When there is no traffic, cross with care, looking and listening all the time.

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How to be safe in a car

When we need to travel a long way and there are no buses or trains, we may need to go by car. It is important to be safe when we travel by car. The driver must help us to be safe too.

1

Always sit in your special car seat and stay buckled up. Your seat should be sized and fitted just for you. You will need to use a car seat until you are 150cm tall!

2

Don't open the window without asking a grown up. Don't lean out of the window while the car is on the road.

3

The driver must pay attention to the road. Remind them not to use their phone when they are driving.

4

Don't distract the driver. Stay quiet or play quiet games. If there is another passenger in the car, ask them to play a game with you. How many different kinds of vehicle can you see?

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Using public transport safely

There are lots of ways to travel without using a car. Buses and trains are called public transport. People who use public transport are called passengers. Public transport can move lots of people quickly and safely, and it is good for our planet. How many different types of public transport can you think of?

1. Always travel with a grown up. Wait for the bus or train to arrive in a safe place before you get on. Stand behind the line on a railway platform, or wait in the bus shelter away from the road.

2. Wait for other passengers to get off before you get on. When you get on, leave room for other passengers to get on too.

3. If you have to stand up, hold on to the poles or handles or hold your grown up's hand. You don't want to fall over if the bus or train stops moving suddenly.

4. Remember you are sharing public transport with other passengers. They probably don't want to hear all your conversations, listen to your music or smell your food! Don't put your feet on the seats.

5. Different signs tell us that public transport is nearby. Have you seen any of these signs?

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Playing safe

Playing outside is good for our bodies. It is fun to play outside with our friends and family. The safest places to play outside are gardens, parks and playgrounds, away from roads and traffic.

1

Parks and playgrounds are great places to walk, climb, run, cycle and play games. If you are taking a ball to the park, carry it until you get there.

2

The safest place to ride a bike is on a cycle path away from traffic. Always cycle with a grown up and watch out for other people who are using the path.

We learn how to ride our bikes safely so we can use them on roads when we are 10.

3

Never play near traffic or on driveways. Drivers may not be able to see you, especially if they are driving backwards. Ask your grown up to help you find a safe place to play.

4

Wear a helmet when riding a bike or scooter. Your helmet will help protect your head if you fall off. You can wear other protection too, like knee and elbow pads.

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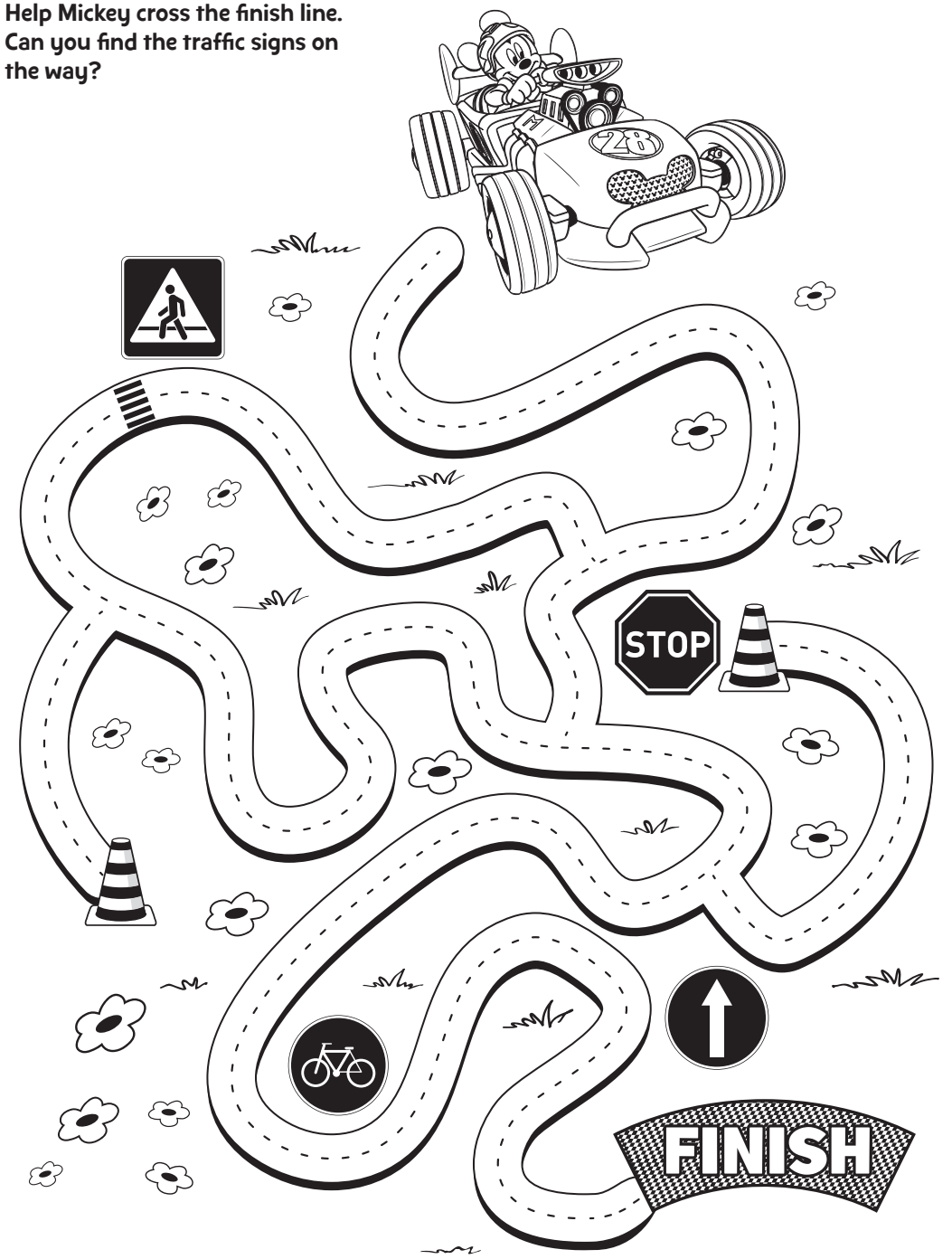
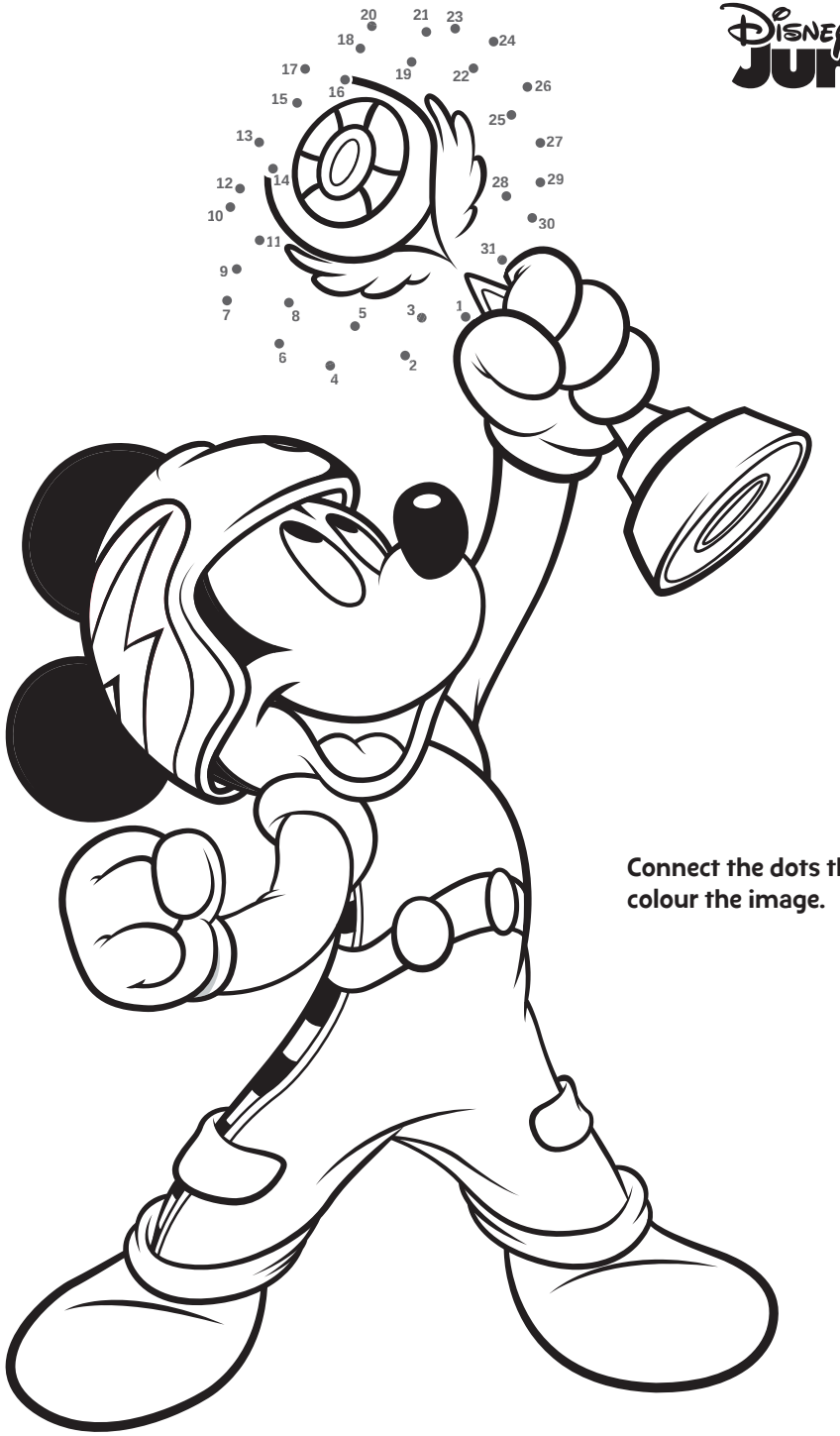
Help Mickey cross the finish line. Can you find the traffic signs on the way?





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Find five differences between these two pictures:

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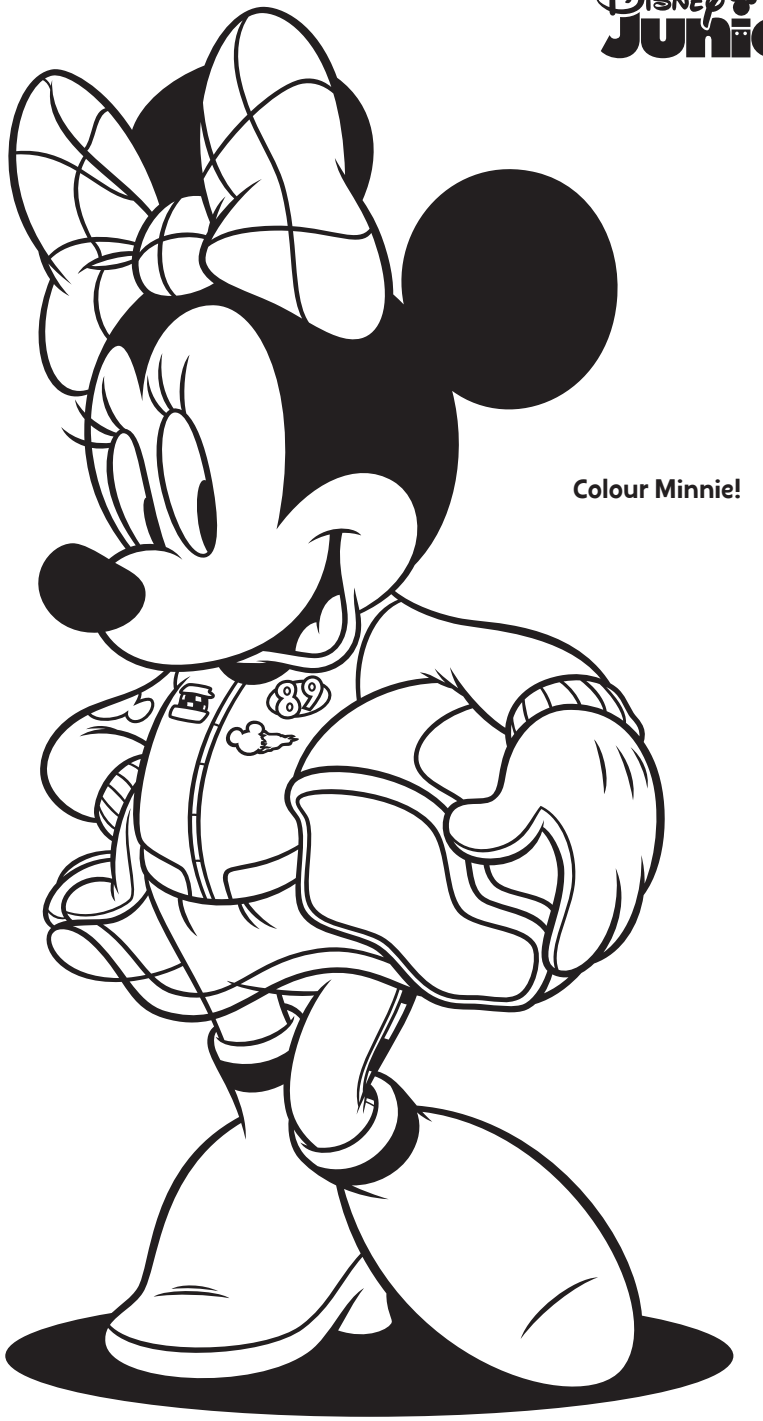

Colour Minnie!

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