



**The**  
**Gateway**  
*Kitchen*



# Autum/Winter menu - Week A

| Week A        | Monday                                         | Tuesday                   | Wednesday                                    | Thursday                                    | Friday                    |
|---------------|------------------------------------------------|---------------------------|----------------------------------------------|---------------------------------------------|---------------------------|
| Main Meal     | Sausages, mashed potato, vegetables            | Roast Chicken             | Bolognese pasta bake with garlic bread       | Ham pizza with diced potato and sweetcorn   | Cowboy beans tot pot      |
| Vegan         | Plant based sausage, mashed potato, vegetables | Plant based roast         | Vegan bolognese pasta bake with garlic bread | Vegan pizza with diced potato and sweetcorn | Cowboy beans tot pot      |
| Roll          | Ham                                            | Cheese                    | Tuna                                         | Ham                                         | Cheese                    |
| Jacket Potato | Cheese                                         | Tuna                      | Beans                                        | Cheese                                      | Beans                     |
| Hot Pasta     | Tomato pasta served daily                      | Tomato pasta served daily | Tomato pasta served daily                    | Tomato pasta served daily                   | Tomato pasta served daily |



# Autum/Winter allergen free menu - Week A

| Week A        | Monday                                          | Tuesday                   | Wednesday                                    | Thursday                                    | Friday                    |
|---------------|-------------------------------------------------|---------------------------|----------------------------------------------|---------------------------------------------|---------------------------|
| Main Meal     | Plant based sausages, mashed potato, vegetables | Roast Chicken             | Bolognese pasta bake with garlic bread       | Ham pizza with diced potato and sweetcorn   | Cowboy beans tot pot      |
| Vegan         | Plant based sausage, mashed potato, vegetables  | Plant based roast         | Vegan bolognese pasta bake with garlic bread | Vegan pizza with diced potato and sweetcorn | Cowboy beans tot pot      |
| Roll          | Vegan cheese                                    | Ham                       | BBQ eat curious                              | Ham                                         | Vegan cheese              |
| Jacket Potato | Beans                                           | BBQ eat curious           | Vegan cheese                                 | Beans                                       | Vegan cheese              |
| Hot Pasta     | Tomato pasta served daily                       | Tomato pasta served daily | Tomato pasta served daily                    | Tomato pasta served daily                   | Tomato pasta served daily |



# Autumn/Winter menu - Week B

| Week B        | Monday                                                        | Tuesday                   | Wednesday                          | Thursday                                         | Friday                                      |
|---------------|---------------------------------------------------------------|---------------------------|------------------------------------|--------------------------------------------------|---------------------------------------------|
| Main Meal     | Steak pie with crushed potato and vegetables                  | Roast pork                | Mac and cheese with broccoli       | Cheese pizza with waffle fries and carrots       | Breaded fish with diced potato and peas     |
| Vegan         | Cauliflower and lentil pie with crushed potato and vegetables | Plant based roast         | Vegan mac and cheese with broccoli | Vegan cheese pizza with waffle fries and carrots | Fishless fingers with diced potato and peas |
| Roll          | Ham                                                           | Cheese                    | Tuna                               | Ham                                              | Cheese                                      |
| Jacket Potato | Cheese                                                        | Tuna                      | Beans                              | Cheese                                           | Beans                                       |
| Hot Pasta     | Tomato pasta served daily                                     | Tomato pasta served daily | Tomato pasta served daily          | Tomato pasta served daily                        | Tomato pasta served daily                   |



# Autumn/Winter allergen free menu - Week B

| Week B        | Monday                                                         | Tuesday                   | Wednesday                             | Thursday                                         | Friday                              |
|---------------|----------------------------------------------------------------|---------------------------|---------------------------------------|--------------------------------------------------|-------------------------------------|
| Main Meal     | Beef and onion bake with crushed potato and vegetables         | Roast pork                | Vegan cheese pasta bake with broccoli | Vegan cheese pizza with waffle fries and carrots | Veg tots with diced potato and peas |
| Vegan         | Cauliflower and lentil bake with crushed potato and vegetables | Plant based roast         | Vegan cheese pasta bake with broccoli | Vegan cheese pizza with waffle fries and carrots | Veg tots with diced potato and peas |
| Roll          | Vegan cheese                                                   | Ham                       | BBQ eat curious                       | Ham                                              | Vegan cheese                        |
| Jacket Potato | Beans                                                          | BBQ eat curious           | Vegan cheese                          | Beans                                            | Vegan cheese                        |
| Hot Pasta     | Tomato pasta served daily                                      | Tomato pasta served daily | Tomato pasta served daily             | Tomato pasta served daily                        | Tomato pasta served daily           |

# Autum/Winter menu - Week C

| Week C        | Monday                       | Tuesday                      | Wednesday                                              | Thursday                                       | Friday                                              |
|---------------|------------------------------|------------------------------|--------------------------------------------------------|------------------------------------------------|-----------------------------------------------------|
| Main Meal     | Chicken Korma<br>Chapatti    | Roast Gammon                 | Cheese and<br>ham pasta with garlic<br>bread           | Cheesy Pizza with<br>wedges and salad          | Cheeseburger with<br>carrot stick and<br>sweetcorn  |
| Vegan         | Vegan Korma<br>Chapatti      | Plant based roast            | Plant based sausage<br>pasta bake with garlic<br>bread | Vegan cheese pizza<br>with wedges and<br>salad | Vegan hot dog with<br>carrot stick and<br>sweetcorn |
| Roll          | Ham                          | Cheese                       | Tuna                                                   | Ham                                            | Cheese                                              |
| Jacket Potato | Cheese                       | Tuna                         | Beans                                                  | Cheese                                         | Beans                                               |
| Hot Pasta     | Tomato pasta served<br>daily | Tomato pasta served<br>daily | Tomato pasta served<br>daily                           | Tomato pasta served<br>daily                   | Tomato pasta served<br>daily                        |



# Autum/Winter allergen free menu - Week C

| Week C        | Monday                    | Tuesday                   | Wednesday                                        | Thursday                                 | Friday                                        |
|---------------|---------------------------|---------------------------|--------------------------------------------------|------------------------------------------|-----------------------------------------------|
| Main Meal     | Chicken Korma             | Roast Gammon              | Cheese and ham pasta with garlic bread           | Vegan cheese Pizza with wedges and salad | Cheeseburger with carrot stick and sweetcorn  |
| Vegan         | Vegan Korma               | Plant based roast         | Plant based sausage pasta bake with garlic bread | Vegan cheese pizza with wedges and salad | Vegan hot dog with carrot stick and sweetcorn |
| Roll          | Vegan cheese              | Ham                       | BBQ eat curious                                  | Ham                                      | Vegan cheese                                  |
| Jacket Potato | Beans                     | BBQ eat curious           | Vegan cheese                                     | Beans                                    | Vegan cheese                                  |
| Hot Pasta     | Tomato pasta served daily | Tomato pasta served daily | Tomato pasta served daily                        | Tomato pasta served daily                | Tomato pasta served daily                     |