

Foundry Lane Primary School – Common Play Behaviours



AREA: PHYSICAL – FINE MOTOR
COMMON PLAY BEHAVIOURS

ENHANCEMENTS

Behaviour	POSTING HAND EYE CO-ORDINATION	SQUEEZING	THREADING
<p>Reception Physical activity is vital in children's all-round development, enabling them to pursue happy, healthy and active lives⁷. Gross and fine motor experiences develop incrementally throughout early childhood, starting with sensory explorations and the development of a child's strength, co-ordination and positional awareness through tummy time, crawling and play movement with both objects and adults. By creating games and providing opportunities for play both indoors and outdoors, adults can support children to develop their core strength, stability, balance, spatial awareness, co-ordination and agility. Gross motor skills provide the foundation for developing healthy bodies and social and emotional well-being. Fine motor control and precision helps with hand-eye co-ordination, which is later linked to early literacy. Repeated and varied opportunities to explore and play with small world activities, puzzles, arts and crafts and the practice of using small tools, with feedback and support from adults, allow children to develop proficiency, control and confidence.</p>	<p>Coins Posting boxes</p>	<p>Bubble wrap Dough Sponges</p>	<p>Chunky beads Pipe cleaners</p>
	<p>Large pegs Scoops and spoons Small balls</p>	<p>Pipettes Pegs</p>	<p>Pasta Pipe cleaners straws</p>
	<p>Pegs Pegboards Marbles Golf tees</p>	<p>Tweezers Tongs</p>	<p>Beads Pasta Ribbon Nuts and bolts</p>
<p>Effective Practice: <u>Adults to introduce vocabulary (use of words, symbols and signs)</u> <u>eg-</u> Wind thread 3 friends hold <u>Adults to ask simple questions to extend learning e.g-</u></p> <ul style="list-style-type: none"> • How can you use this equipment? • What skills do you need? • How can you keep your balance? • What can you do with a hoop? • How can you control the ball? • Can you get the ball to stop without using your hands? • Can you get the ball in the box? 	<p>Beginning: Using of hands to post items into containers Large pegs on pegboards Scoops/spoons to put objects into containers Balancing small balls on golf tees Balancing corks to make a tower.</p>	<p>Beginning: Popping bubble wrap Moulding dough into different shapes Pipettes to squeeze out one drop of liquid (water play) Sponges to squeeze out water Pegs onto cardboard shapes/pieces of ribbon Tweezers and pom poms</p>	<p>Beginning: Threading chunky beads onto pipe cleaners Threading pasta onto string Threading pipe cleaners into colanders/plant pots/air flow balls Thread cut up straws onto pipe cleaners</p>
	<p>Secure: Small pegs onto peg boards Small matchsticks into small holes Balancing marbles on golf tees</p>	<p>Secure: Tweezers to pick up small objects Tongs to pick up small objects</p>	<p>Secure: Threading smaller beads (pony beads) onto string or onto pasta stuck into dough) Threading beads onto pipe cleaners to make bracelets Weaving ribbon Hanging objects onto trees/twigs Threading nuts and bolts.</p>