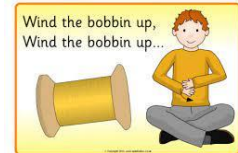
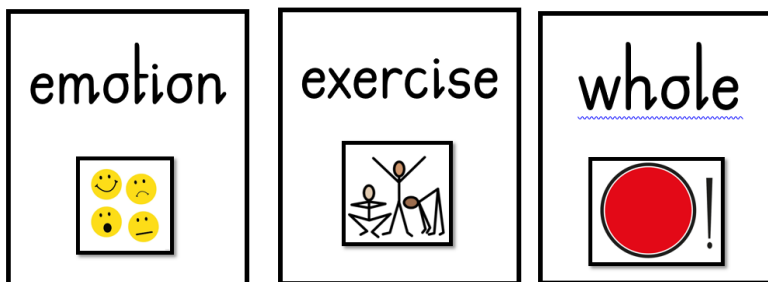


THIS WEEK WE HAVE LEARNT

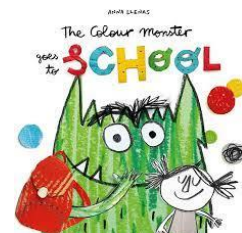
NURSERY RHYMES: This week's nursery rhyme has been Wind the Bobbin Up.



WORD AWARE: This week's word aware words are below. The children have been using these words regularly and often identifying them when others use the words. Please encourage your child at home to use these words.



STORY OF THE WEEK: This week we have been reading the story The Colour Monster Goes to School. It is a story which the children should be familiar with from preschool as it was part of the Southampton City transition project.



ZONES OF REGULATION: This week we have introduced the children to our zones of regulation. These zones help children identify their emotions and start to understand how we can regulate our emotions. Each week we will be learning more about each zone, here is a quick explanation for each zone.

Zones of Regulation

Blue Zone	Green Zone	Yellow Zone	Red Zone
			
Low	Happy	Wobbly	Angry
Running slow	Good to go	Caution	STOP!
Unhappy Tired Withdrawn Tearful	Positive Proud Calm Focused	Excited Nervous Frustrated Annoyed	Mad Furious Yelling Aggressive

PHONICS: This week the children have been learning the letter sounds o, c, k, ck, e. Attached are sheets for the children to practice the sounds at home. If you need any support with the pronunciation of the sounds please visit Sign With Steve as he shows the cued articulation action and the letter sound. You only need to watch the first few sounds. <https://www.youtube.com/watch?v=w7ZKLoULmo4> The children have also enjoyed watching alphablocks magic words which can be found on BBC iPlayer.

MATHS: In maths the children have been learning the numbers to 3. Children have been counting 1, 2, 3, identifying the different quantities and matching the numeral to the quantity. We ensure children have a good understanding of each number before moving on to higher numbers. You can watch the numberblocks videos on BBC iPlayer to help children with their understanding of these numbers.



INFORMATION FOR GROWNUPS

READING BOOKS: Please ensure children are bringing their reading logs and books in everyday. You only need to record the book your child has read in their reading log.

LIBRARY BOOKS: This week your child will have brought home a library book from the school library. These will need to be returned on Wednesdays so your child can choose a new one.

JUMPERS: Please ensure all jumpers and cardigans are clearly named. We are finding lots of jumpers without names and can't return them to their owners.



WATER BOTTLES: We encourage children to bring in water bottles to have during their time in school. Please send your child in daily with their water bottle, it must only contain water.

COATS: With the change in weather please can children bring a coat everyday. The children enjoy exploring the outside area even when we have rain.



KEY DATES:

Tuesday 3rd October - INSET day - School Closed

Monday 23rd - Friday 27th October - Half term - School Closed.

There is a change to the menu on Thursday. Yellow will be pizza and Blue will be Beef Chilli.

Week 3

Week commencing: 1st & 22nd May, 19th June, 10th July, 11th September, 2nd October

	Monday			Wednesday		Friday
1st Choice	Chicken nuggets	Beef	potato	Vegetable curry	Rice	Salmon fishcake
2nd Choice	Chickpea & vegetable burger			Vegetarian sausage	Sweet	Rainbow pizza
Vegetable/Salad Selection	Potato crispers Seasonal vegetables & salad	Mixed Seasonal	bites ables &	Mashed potato Rice Seasonal vegetables & salad	Roast Seasonal	Chips Seasonal vegetables & salad
Dessert	Honey cookie Seasonal fruit & yoghurt	Fruit Seasonal	with mini ad yoghurt	Orange drizzle cake Seasonal fruit & yoghurt	Fruit Seasonal	Iced cookie Seasonal fruit & yoghurt

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The first choice for each day is Blue and the second choice is Yellow. Pictures of the meals can be found online here:

<https://www.citycateringsouthampton.co.uk/summer-two-choice-school-menu/>